

Monthly Yacht Club Flyer

Na Hoa Holomoku Yacht Club

November Club Schedule: Board Meeting 6PM on November 7 at the Ola'a Community Center. Potluck 6:30 PM on Wednesday 9th at Wailoa State Park Pavilion #3. Sail Day 11AM Sunday the 13th. West Wight Potter Training 10:00AM Wailoa Boat Ramp, 13 November 2005. Happy Thanksgiving on the 24th!!

On Sunday November 13th will be regular sail day activities including Hobie Cat, Sunfish and Walker Bay sailing. That starts on the Bayfront beach at 11AM. For those who already have some sailing experience and want to go one step further then come down and get checked out on the West Wight Potter 19 this coming sail day. Meet John L. at the Wailoa boat ramp at 10AM. Qualification on the West Wight will require at least 3 checkout sails. Come and start your qualification now.

Happy Thanksgiving!!

Before I had computer problems and was late on newsletters, Bob Rioux passed a good article on to me concerning the Centennial Transpac Race which was completed in July. It was King David Kalakaua's vision beginning in 1886. His nation's population had been dwindling due to diseases and Hawaiian culture had become endangered. Islanders were desperate for the rejuvenation and influx of mainlanders and trade that they would bring. The King was an avid sailor and the first and only monarch to circumnavigate the globe by boat. It took 20 years for the race to get underway for the first time and he did not live to see it.

The first race began in 1906 from LA because San Francisco was still recovering from the great earthquake. The race was won by *Lurline* against *La Poloma* and *Anemone* in 12 days and 10 hours.

This year the 2,225 miles was covered in 6 days and 16 hours by *Morning Glory* an 86 foot canting-keel carbon fiber "missile." *Rosebud* came in first via corrected time as the overall winner. This year's race fielded 14 Cal 40s which were designed in the early 60s. This 43rd running of the Transpac fielded 75 entries and was by far the fastest for the maxis.

November 2005

Join us for fun,
food and
friendship on
Wednesday
November 9th
beginning at 6:30
at Pavilion #3 in
Wailoa Park.

**(808) 982-5959 for input
to the newsletter**



Na Hoa Holomoku of Hawaii
P. O. Box 1661
Kea'au, HI 96749

Editor: John Luchau

Annual Wahine Race
Kona Coast of the Big Island of Hawaii
November 20, 2005
The Kona Sailing Club

NOTICE OF RACE

Na HOA Holomoku YC Members are welcome - 883-9230 *All + All Wahine*

1. RULES

The Race will be governed by the Racing Rules of Sailing (RRS), the prescriptions of US SAILING, the class rules of the boats participating, the Offshore Racing Council (ORC) Special Regulations for Category 4 Races with HYRA modifications, the Notice of Race; except as any of these are altered by the sailing instructions. The race is classified as Category 4.

2. ELIGIBILITY AND ENTRY

2.1 The regatta is open to all wahine sailors of the state of Hawaii.

2.2 Participants are required to enter by completing an entry form and submitting it prior to 9:30 AM November 20th, 2005 with an entry fee of \$10.00 per person.

2.3 Sailing vessels up to 29' in length and having a Portsmouth rating of 90 or above will comprise the class competing for the KSC perpetual Wahine Regatta Monohull trophy. Multihulled sailing vessels and those with Portsmouth rating or 89 and under will form a separate class.

2.4 Each boat must have at least one member of Kona Sailing Club, a recognized sailing club in the state of Hawaii, or a Hawaii collegiate team.

3.1 Skippers' Meeting:

Sunday, November 20th, 2005 at 9:30 AM at the Kona Sailing Club clubhouse.

3.2 Races:

Two or three races (depending on conditions) on Sunday, November 20th, 2005, warning signal at 11:20 AM, racing beginning at 11:30 AM. If there is a Multihull or Ultralight fleet they will start 10 minutes after the main fleet.

3.3 Awards ceremony:

Buffet lunch and award presentation will follow the races at approximately 4:00 PM at the Kona Sailing Club clubhouse.

4. SAILING INSTRUCTIONS

The sailing instructions will be available after 9:00 AM on the 19th of November 2005 at the Kona Sailing Club clubhouse.

5. COURSE AREA

The course will be on the Kona Coast of the Big Island approximately one mile north of the Honokohau Harbor entrance.

6. SCORING

The Low Point Scoring System, Appendix A2 of the RRS will apply.

7. PRIZES

Trophies or ribbons will be awarded for boats and crews placing first, second, and third in the regatta.

8. SPECTATOR BOAT

A spectator boat will be provided for individuals wishing to view the competition afloat. Sign-up requested

8. FURTHER INFORMATION

Please contact: Alicia Starsong: phone (808) 883-9230 or e-mail, konabreeze@yahoo.com



WAIAKEA SETTLEMENT YMCA
A Branch of the Island of Hawaii YMCA

Date: _____
Membership: \$15.00 (Individual)
Current Member: Yes/No _____
Expiration Date: _____
Receipt #: _____

PARTICIPANT REGISTRATION FORM

Please Print

NAME: _____ DATE OF BIRTH: _____
HOME ADDRESS: _____ TELEPHONE #: _____
SEX: F/M AGE: _____
EMPLOYER: _____ TELEPHONE #: _____
BUSINESS ADDRESS: _____

EMERGENCY CONTACT

NAME OF CONTACT: _____ TELEPHONE #: _____
RELATIONSHIP: _____

IF PARTICIPANT IS UNDER THE AGE OF 18, NAME OF PARENT OR GUARDIAN:

MOTHER: _____ PHONE: _____
FATHER: _____ PHONE: _____
IN CASE OF EMERGENCY: _____ PHONE: _____

PROGRAM

____ AEROBICS _____ KARATE
____ FITNESS CENTER ** _____ WRESTLING
____ MEMBERSHIP ONLY _____ SAILING/AQUATICS
(Na hoa holomoku)

**** ORIENTATION: All participants must participate in an orientation before using the facility.**

RATES

MEMBERSHIP RATE: \$15.00 PER YEAR
STANDARD MONTHLY RATE: 18 years & older \$25.00 per/month
YOUTH RATE: 12-15 YEARS \$20.00 per/month
(Must be accompanied by an adult)
16-17 YEARS \$20.00 per/month
ACTIVE OLDER ADULTS: 55 years + \$20.00 per/month**
KARATE RATE: \$15.00 per/month
Married Couples rate \$40.00 per/month
AOA Married Couples rate \$30.00 per/month
TWO PROGRAMS RATE: \$10.00 additional per month (ex. Fitness and aerobics \$35.00 per month)
(ex. AOA fitness and aerobics \$30.00 per month)

PAID _____

MEDICAL AND LIABILITY WAIVER

Member warrants that to the best of the member's knowledge, the member is in good health and is not affected by a disease or physical disability.

YES	NO	
		Has your doctor ever said that you have heart trouble?
		Do you frequently have pains in your heart and chest?
		Do you often feel faint or have spells of severe dizziness?
		Has a doctor ever said that your blood pressure was too high?
		Has your doctor ever told you that you have a bone or joint problem such as arthritis that has been aggravated by exercise or might be made worse by exercise?
		Is there a good physical reason not mentioned here why you should not follow an activity program even if you wanted to?
		Are you over the age of 65 and not accustomed to vigorous exercise?

IF YOU HAVE ANSWERED "YES" TO ANY OF THE QUESTIONS LISTED ABOVE, YOU MUST CONSULT WITH YOUR PERSONAL PHYSICIAN BEFORE PERFORMING ANY PHYSICAL ACTIVITY AS A MEMBER. (Doctor's Release Forms can be obtained through the YMCA)

Member agrees to notify the "Y" of any and all injuries and/or health problems or abnormalities, which may increase the risk involved with the use of the "Y's" program, facilities, apparatus or equipment. It is expressly understood that all exercises and use of all facilities shall be undertaken by member at member's sole risk and the "Y" shall not be liable for any claim, demands, or property arising out of or connected with the use of any services, facilities of the "Y," its servants, agents, or employees and member does hereby expressly forever release and discharge the "Y" from all claims, demands, injuries, damages, actions, or causes of action.

Member is duly aware of the risks and hazards inherent in the use or participation in the program, facilities, apparatus, and equipment of the "Y" and agrees voluntarily to assume all risk of loss, damages, or injuries sustained as a result thereof.

This liability waiver shall remain in effect and apply at all time from this date forward that the member uses or participate in the programs, facilities, apparatus, and equipment of the "Y".

This waiver shall be binding upon the heirs, next of kin, and personal representatives of the member.

Signature of Member: _____ Date: _____

Witness: _____

Na Hoa Holomoku of Hawaii
P. O. Box 1661
Kea'au, HI 96749



Monthly Potluck—Wednesday November 9th, 2005 at Wailoa State Park Pavilion #3 6:30PM.

Membership Dues are \$40 for Regular Family Membership, \$24 for Associate (off island) and \$20 Juniors/Fulltime Students

The club will be hosting **sail days** on Sundays following each of our monthly potlucks. **Sail days** will begin at 11AM at the Bayfront Beach. The club encourages the use of all our boats.

John Luchau will be holding classes for qualification in the West Wight for those more advanced sailors. The qualification classes will be on **sail days** and start at the launch ramp beginning at 10AM. All who are interested join him there.

Wanted:

—Small aluminum powerboat. Please call Tomas Chylek for details: 933-9521.

—1/2" Rigging Toggles and Clevis Pins. John L. at 982-5959.

For Sale:

—Charts of the Indian Ocean. \$3 each. John L. at 982-5959.

—Mainsail 25'7" Luff, 12'3" Foot, 27'10" Leech. Fair condition and

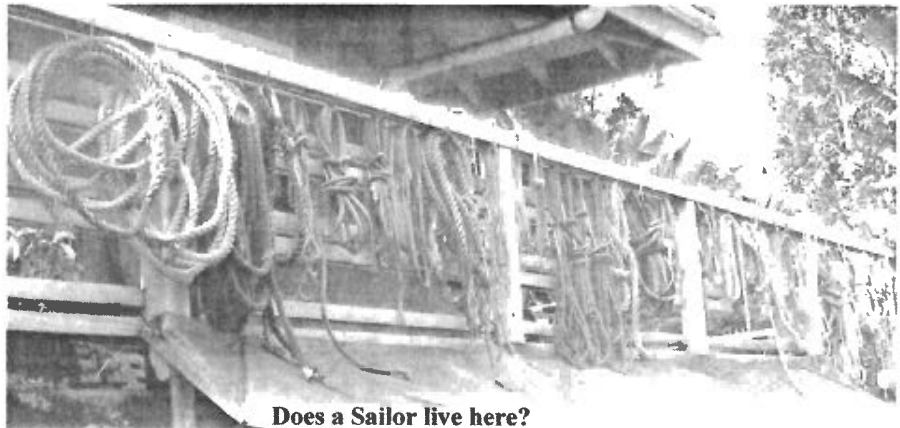
needs serious cleaning. \$150. John L. at 982-5959.

—Antique '55 5hp Gale outboard. Runs. \$175. John L. at 982-5959.

Want Ads: If you have something marine to sell or are looking for marine items ads are available free of charge to YC members.

Name the West Wight Potter 19. A vote will be taken at the Potluck! Bring your favorite names. So far "Harry" is favored.

The **YMCA** owns the Sunfish sailboats numbers 1 through 9 and these boats should be treated with the utmost care. If you use them on club sponsored sail days common courtesy should dictate that you become a YMCA member (935-3721). **Attention!** Boats 1 through 9 can only be used on club/Y sponsored official sail days or for Y sponsored training. A YMCA application form is enclosed. Please join.



Does a Sailor live here?